



**“A Beginning of Spiritual Formation”**  
**Small Group Questions**  
**Week of March 11 – March 16**

**Icebreaker:**

*Which of the beatitudes from Sunday’s sermon is most challenging to you?*

**Read:** Matthew 5:1-6

**Discussion:**

1. How can a feeling of “spiritual bankruptcy” be helpful? How does it help our perspective?
2. Have you experienced the deep comfort of God after a season of mourning? What was it like? Can you describe the experience?
3. A person who is meek is gentle, humble, patient, and sensitive. Who is someone you know that is meek? How do they display this character trait?
4. In what ways can you hunger and thirst for righteousness in a moment by moment way?
5. How can these beatitudes help us follow Jesus more closely? How can they contribute to our spiritual formation?
6. Which beatitude would be helpful to memorize? Why?