



“The 7th Day”
Small Group Questions
Week of March 4, 2018

Icebreaker:

What is your favorite day of the week and why?

Review & Discuss:

1. What is the correct or Biblically exact answer to the question “What day is the Shabbat?”
2. Why can’t we say the Shabbat was on Saturday at any time in the Bible?
3. What is significant about the lack of commandments regarding the keeping of Shabbat prior to the Exodus?

Discussion Questions:

1. Read Paul’s words in Romans 14:5-6. What is Paul’s teaching about having a Shabbat on a Saturday or a Sunday?

What was most important to Paul about that day?

2. How does having a Shabbat remind us we are created, and that we are created in God’s image?
3. What risk did God take by “resting” on the 7th day?

Why did he take such a risk?

4. Do you think of Sunday as a Shabbat? If yes, why? If no, why not?