

“Worry and Faith”

Small Group Questions

Week of June 17, 2018

Icebreakers:

- *What did you do for Father’s Day weekend? Do you have any personal memories about your dad that you would like to share?*
- *Do you have any connections to some “Cool Wheels?” What’s the story behind it?*

Read: Matthew 6:25-34

Discussion Questions:

1. What causes you anxiousness or worry in your life?
2. How have you typically handled stressors in your life? Do you handle stress well or in a healthy manner?
3. If you don’t handle stress well, what are ways this small group can better come alongside you to help?
4. Can you imagine taking a step back in the midst of worry to “consider the lilies of the field?” What barriers would prevent that?
5. How can we be not like the Gentiles (vs. 32)? In what ways do the things we worry about reveal our faith?
6. Read Philippians 4:6. How does Paul teach us to respond to anxiousness? What does this look like in a practical situation when you encounter stress or worry?
7. How can you take time to find peace and rest in God this week?