

The Year Without Fear

“The Year Without Fear”
Small Group Questions
Week of January 6, 2019

Icebreaker:

How was your Christmas and New Year?

Discussion Questions:

1. On a scale of 1-5 (5 highest) how significant an issue is fear/anxiety in your life?
What are your top 3 fears or things that cause you the most anxiety?
2. Discuss how each of the 3 truths enables us to face fear & anxiety.
In terms of most effective for your life, what order would you put them in?
3. Of the things Pastor Jim encouraged us to limit, which ones are a part of your life pattern/experience now?
How do they tend to increase your fear/anxiety?

What is your plan/strategy for limiting them?
4. Of the things Pastor Jim encouraged us to increase, which ones are a part of your life pattern/experience now?
What is your plan/strategy for increasing them?
5. If you had a chance to look over the scriptures did any one (or more) stand out to you as your “go to” verse or verses?
If the group has time, read aloud the verses and pick one or two as your “go to” for fear/anxiety.

If the group does not have time, over the next week commit to reading the passages and be ready to share with the group your “go to” verse.

Genesis 15:1

Exodus 14:13

Deuteronomy 1:21

Deuteronomy 31:6

Deuteronomy 31:8

Joshua 1:9

Psalm 3:5-6

Psalm 23

Psalm 27:1-3

Psalm 46:2

Psalm 91:1-5

Psalm 112:7-8

Isaiah 35:4

Isaiah 41:10

Isaiah 41:13

Lamentations 3:57

Matthew 6:25-34

Romans 8:15

1 Peter 3:13-15